# Simple Harmonic Oscillator 

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One of the most important problems in quantum mechanics is the simple harmonic oscillator, in part because its properties are directly applicable to field theory.

## 1 Hamiltonian

Writing the potential $\frac{1}{2} k x^{2}$ in terms of the classical frequency, $\omega=\sqrt{\frac{k}{m}}$, puts the Hamiltonian in the form

$$
H=\frac{p^{2}}{2 m}+\frac{m \omega^{2} x^{2}}{2}
$$

resulting in the Hamiltonian operator,

$$
\hat{H}=\frac{\hat{P}^{2}}{2 m}+\frac{m \omega^{2} \hat{X}^{2}}{2}
$$

We make no choice of basis.

## 2 Raising and lowering operators

Notice that

$$
\begin{aligned}
\left(x+\frac{i p}{m \omega}\right)\left(x-\frac{i p}{m \omega}\right) & =x^{2}+\frac{p^{2}}{m^{2} \omega^{2}} \\
& =\frac{2}{m \omega^{2}}\left(\frac{1}{2} m \omega^{2} x^{2}+\frac{p^{2}}{2 m}\right)
\end{aligned}
$$

so that we may write the classical Hamiltonian as

$$
H=\frac{m \omega^{2}}{2}\left(x+\frac{i p}{m \omega}\right)\left(x-\frac{i p}{m \omega}\right)
$$

We can write the quantum Hamiltonian in a similar way. Choosing our normalization with a bit of foresight, we define two conjugate operators,

$$
\begin{aligned}
\hat{a} & =\sqrt{\frac{m \omega}{2 \hbar}}\left(\hat{X}+\frac{i}{m \omega} \hat{P}\right) \\
\hat{a}^{\dagger} & =\sqrt{\frac{m \omega}{2 \hbar}}\left(\hat{X}-\frac{i}{m \omega} \hat{P}\right)
\end{aligned}
$$

The operator $\hat{a}^{\dagger}$ is called the raising operator and $\hat{a}$ is called the lowering operator. In taking the product of these, we must be careful with ordering since $\hat{X}$ and $\hat{P}$

$$
\hat{a}^{\dagger} \hat{a}=\frac{m \omega}{2 \hbar}\left(\hat{X}-\frac{i \hat{P}}{m \omega}\right)\left(\hat{X}+\frac{i \hat{P}}{m \omega}\right)
$$

$$
\begin{aligned}
& =\frac{m \omega}{2 \hbar}\left(\hat{X}^{2}+\frac{i}{m \omega} \hat{X} \hat{P}-\frac{i}{m \omega} \hat{P} \hat{X}+\frac{\hat{P}^{2}}{m^{2} \omega^{2}}\right) \\
& =\frac{m \omega}{2 \hbar}\left(\hat{X}^{2}+\frac{i}{m \omega}[\hat{X}, \hat{P}]+\frac{\hat{P}^{2}}{m^{2} \omega^{2}}\right)
\end{aligned}
$$

Using the commutator, $[\hat{X}, \hat{P}]=i \hbar \hat{1}$, this becomes

$$
\begin{aligned}
\hat{a}^{\dagger} \hat{a} & =\left(\frac{1}{\hbar \omega}\right)\left(\frac{1}{2} m \omega^{2}\right)\left(\hat{X}^{2}-\frac{\hbar}{m \omega}+\frac{\hat{P}^{2}}{m^{2} \omega^{2}}\right) \\
& =\frac{1}{\hbar \omega}\left(\frac{1}{2} m \omega^{2} \hat{X}^{2}-\frac{1}{2} \hbar \omega+\frac{\hat{P}^{2}}{2 m}\right) \\
& =\frac{1}{\hbar \omega}\left(\hat{H}-\frac{1}{2} \hbar \omega\right)
\end{aligned}
$$

and therefore,

$$
\hat{H}=\hbar \omega\left(\hat{a}^{\dagger} \hat{a}+\frac{1}{2}\right)
$$

## 3 The number operator

This turns out to be a very convenient form for the Hamiltonian because $\hat{a}$ and $a^{\dagger}$ have very simple properties. First, their commutator is simply

$$
\begin{aligned}
{\left[\hat{a}, \hat{a}^{\dagger}\right] } & =\frac{m \omega}{2 \hbar}\left[\left(\hat{X}+\frac{i \hat{P}}{m \omega}\right),\left(\hat{X}-\frac{i \hat{P}}{m \omega}\right)\right] \\
& =\frac{m \omega}{2 \hbar}\left(\left[\hat{X},-\frac{i}{m \omega} \hat{P}\right]+\left[\frac{i}{m \omega} \hat{P}, \hat{X}\right]\right) \\
& =-\frac{2 i}{m \omega} \frac{m \omega}{2 \hbar}[\hat{X}, \hat{P}] \\
& =-\frac{i}{\hbar} i \hbar \\
& =1
\end{aligned}
$$

Consider one further set of commutation relations. Defining $\hat{N} \equiv \hat{a}^{\dagger} \hat{a}=\hat{N}^{\dagger}$, called the number operator, we have

$$
\begin{aligned}
{[\hat{N}, \hat{a}] } & =\left[\hat{a}^{\dagger} \hat{a}, \hat{a}\right] \\
& =\hat{a}^{\dagger}[\hat{a}, \hat{a}]+\left[\hat{a}^{\dagger}, \hat{a}\right] \hat{a} \\
& =-\hat{a}
\end{aligned}
$$

and

$$
\begin{aligned}
{\left[\hat{N}, \hat{a}^{\dagger}\right] } & =\left[\hat{a}^{\dagger} \hat{a}, \hat{a}^{\dagger}\right] \\
& =\hat{a}\left[\hat{a}^{\dagger}, \hat{a}^{\dagger}\right]+\hat{a}^{\dagger}\left[\hat{a}, \hat{a}^{\dagger}\right] \\
& =\hat{a}^{\dagger}
\end{aligned}
$$

Notice that $\hat{N}$ is Hermitian, hence observable, and that $\hat{H}=\hbar \omega\left(\hat{N}+\frac{1}{2}\right)$.

## 4 Energy eigenkets

### 4.1 Positivity of the energy

Consider an arbitrary expectation value of the Hamiltonian,

$$
\begin{aligned}
\langle\psi| \hat{H}|\psi\rangle & =\langle\psi| \hbar \omega\left(\hat{a}^{\dagger} \hat{a}+\frac{1}{2}\right)|\psi\rangle \\
& =\hbar \omega\left(\langle\psi| \hat{a}^{\dagger} \hat{a}|\psi\rangle+\frac{1}{2}\langle\psi \mid \psi\rangle\right)
\end{aligned}
$$

Since $\langle\psi \mid \psi\rangle>0$ for any state

$$
\begin{aligned}
\langle\psi| \hat{H}|\psi\rangle & =\hbar \omega\left(\langle\psi| \hat{a}^{\dagger} \hat{a}|\psi\rangle+\frac{1}{2}\langle\psi \mid \psi\rangle\right) \\
& >\hbar \omega\langle\psi| \hat{a}^{\dagger} \hat{a}|\psi\rangle
\end{aligned}
$$

and if we define $|\beta\rangle \equiv \hat{a}|\psi\rangle$ we see that the remaining term is also positive definite,

$$
\langle\psi| \hat{a}^{\dagger} \hat{a}|\psi\rangle=\langle\beta \mid \beta\rangle>0
$$

This means that all expectation values of the Hamiltonian are positive definite, and in particular, all energies are positive, since for any normalized energy eigenket,

$$
\langle E| \hat{H}|E\rangle=E>0
$$

### 4.2 The lowest energy

Now suppose $|E\rangle$ is any normalized energy eigenket. Then consider the new ket found by acting on this state with the lowering operator, $\hat{a}$. Applying the Hamiltonian operator to $\hat{a}|E\rangle$,

$$
\begin{aligned}
\hat{H}(\hat{a}|E\rangle) & =\hbar \omega\left(\hat{N}+\frac{1}{2}\right)(\hat{a}|E\rangle) \\
& =\hbar \omega \hat{N} \hat{a}|E\rangle+\frac{1}{2} \hbar \omega \hat{a}|E\rangle \\
& =\hbar \omega([\hat{N}, \hat{a}]+\hat{a} \hat{N})|E\rangle+\hat{a} \frac{1}{2} \hbar \omega(|E\rangle) \\
& =\hbar \omega(-\hat{a}+\hat{a} \hat{N})|E\rangle+\hat{a} \frac{1}{2} \hbar \omega|E\rangle \\
& =-\hbar \omega \hat{a}|E\rangle+\hat{a} \hbar \omega\left(\hat{N}+\frac{1}{2}\right)|E\rangle \\
& =-\hbar \omega \hat{a}|E\rangle+\hat{a} \hat{H}|E\rangle \\
& =-\hbar \omega \hat{a}|E\rangle+\hat{a} E|E\rangle \\
& =(E-\hbar \omega)(\hat{a}|E\rangle)
\end{aligned}
$$

This means that $\hat{a}|E\rangle$ is also an energy eigenket, with energy $E-\hbar \omega$. Since $\hat{a}|E\rangle$ is an energy eigenket, we may repeat this procedure to show that $\hat{a}^{2}|E\rangle$ is an energy eigenket with energy $E-2 \hbar \omega$. Continuing in this way, we find that $\hat{a}^{k}|E\rangle$ will have energy $E-k \hbar \omega$. This process cannot continue indefinitely, because the energy must remain positive. Let $k$ be the largest integer for which $E-k \hbar \omega$ is positive,

$$
\hat{H} \hat{a}^{k}|E\rangle=(E-k \hbar \omega) \hat{a}^{k}|E\rangle
$$

with corresponding state $\hat{a}^{k}|E\rangle$. Then applying the lowering operator one more time cannot give a new state. The only other possibility is zero. Rename the lowest energy state $|0\rangle=A_{0} \hat{a}^{k}|E\rangle$, where we choose $A_{0}$ so that $|0\rangle$ is normalized. We then must have

$$
\hat{a}|0\rangle=0
$$

and therefore,

$$
\begin{aligned}
\hat{H}|0\rangle & =\hbar \omega\left(\hat{a}^{\dagger} \hat{a}+\frac{1}{2}\right)|0\rangle \\
& =\frac{1}{2} \hbar \omega|0\rangle
\end{aligned}
$$

This is the lowest energy state of the oscillator.
To see that it is unique, suppose we had chosen a different energy eigenket, $\left|E^{\prime}\right\rangle$, to start with. Then we would find a new ground state, $\left|0^{\prime}\right\rangle$, also satisfying $\hat{a}\left|0^{\prime}\right\rangle=0$. However, as we show in the Section 5, the condition $\hat{a}|0\rangle=0$ in a coordinate basis leads to a differential equation with a unique solution for the ground state wave function. Thus, there is only one state satisfying $\hat{a}|0\rangle=0$.

### 4.3 The complete spectrum

Now that we have the ground state, we reverse the process, acting instead with the raising operator. Acting on any energy eigenket, we have

$$
\begin{aligned}
\hat{H}\left(\hat{a}^{\dagger}|E\rangle\right) & =\hbar \omega\left(\hat{N}+\frac{1}{2}\right)\left(\hat{a}^{\dagger}|E\rangle\right) \\
& =\hbar \omega \hat{N} \hat{a}^{\dagger}|E\rangle+\frac{1}{2} \hbar \omega \hat{a}^{\dagger}|E\rangle \\
& =\hbar \omega\left(\left[\hat{N}, \hat{a}^{\dagger}\right]+\hat{a}^{\dagger} \hat{N}\right)|E\rangle+\hat{a}^{\dagger} \frac{1}{2} \hbar \omega|E\rangle \\
& =\hbar \omega \hat{a}^{\dagger}|E\rangle+\hat{a}^{\dagger}\left(\hbar \omega \hat{N}+\frac{1}{2} \hbar \omega\right)|E\rangle \\
& =\hbar \omega \hat{a}^{\dagger}|E\rangle+\hat{a}^{\dagger} \hat{H}|E\rangle \\
& =\hbar \omega \hat{a}^{\dagger}|E\rangle+\hat{a}^{\dagger} E|E\rangle \\
& =(E+\hbar \omega)\left(\hat{a}^{\dagger}|E\rangle\right)
\end{aligned}
$$

Therefore, beginning with this lowest state, we have

$$
\begin{aligned}
\hat{H}\left(\hat{a}^{\dagger}|0\rangle\right) & =\left(\hbar \omega+\frac{1}{2} \hbar \omega\right)\left(\hat{a}^{\dagger}|0\rangle\right) \\
& =\frac{3}{2} \hbar \omega\left(\hat{a}^{\dagger}|E\rangle\right)
\end{aligned}
$$

and we define the normalized state to be

$$
|1\rangle=A_{1} \hat{a}^{\dagger}|0\rangle
$$

There is nothing to prevent us continuing this procedure indefintely. Continuing, we have states

$$
|n\rangle=A_{n}\left(\hat{a}^{\dagger}\right)^{n}|0\rangle
$$

satisfying

$$
\hat{H}|n\rangle=\left(n+\frac{1}{2}\right) \hbar \omega|n\rangle
$$

This gives the complete set of energy eigenkets.

### 4.4 Normalization

We have defined the lowest ket, $|0\rangle$, to be normalized. For the next level, we require

$$
\begin{aligned}
1 & =\langle 1 \mid 1\rangle \\
& =\left|A_{1}\right|^{2}\langle 0| \hat{a} \hat{a}^{\dagger}|0\rangle \\
& =\left|A_{1}\right|^{2}\langle 0|\left(\left[\hat{a}, \hat{a}^{\dagger}\right]+\hat{a}^{\dagger} \hat{a}\right)|0\rangle \\
& =\left|A_{1}\right|^{2}\langle 0|\left(1+\hat{a}^{\dagger} \hat{a}\right)|0\rangle \\
& =\left|A_{1}\right|^{2}\langle 0 \mid 0\rangle
\end{aligned}
$$

so that choosing the phase so that $A_{1}$ is real, we have $A_{1}=1$.
Now, consider the expectation of $\hat{N}$ in the $n^{t h}$ state. We see from the energy that the eigenvalues of the number operator are integers, $n$, so that for the normalized state $|n\rangle$,

$$
\begin{aligned}
1 & =\langle n \mid n\rangle \\
& =\left|A_{n}\right|^{2}\langle 0| \hat{a}^{n}\left(\hat{a}^{\dagger}\right)^{n}|0\rangle \\
& =\left|A_{n}\right|^{2}\langle 0| \hat{a}^{n-1} \hat{a} \hat{a}^{\dagger}\left(\hat{a}^{\dagger}\right)^{n-1}|0\rangle \\
& =\left|A_{n}\right|^{2}\langle 0| \hat{a}^{n-1}\left(\hat{a}^{\dagger} \hat{a}+\left[\hat{a}, \hat{a}^{\dagger}\right]\right)\left(\hat{a}^{\dagger}\right)^{n-1}|0\rangle \\
& =\left|A_{n}\right|^{2}\langle 0| \hat{a}^{n-1}(\hat{N}+1)\left(\hat{a}^{\dagger}\right)^{n-1}|0\rangle \\
& =\left|A_{n}\right|^{2}\left(\langle n-1| \frac{1}{A_{n-1}^{*}}\right)(\hat{N}+1)\left(\frac{1}{A_{n-1}}|n-1\rangle\right) \\
& =\frac{\left|A_{n}\right|^{2}}{\left|A_{n-1}\right|^{2}}\langle n-1|(\hat{N}+1)|n-1\rangle \\
& =\frac{\left|A_{n}\right|^{2}}{\left|A_{n-1}\right|^{2}}(n-1+1)
\end{aligned}
$$

Therefore, $\left|A_{n-1}\right|^{2}=n\left|A_{n}\right|^{2}$, so iterating,

$$
\begin{aligned}
\left|A_{n}\right|^{2}= & \frac{1}{n}\left|A_{n-1}\right|^{2} \\
= & \frac{1}{n(n-1)}\left|A_{n-2}\right|^{2} \\
& \vdots \\
= & \frac{1}{n!}\left|A_{1}\right|^{2}
\end{aligned}
$$

so that, choosing all of the coefficients real, we have

$$
|n\rangle=\frac{1}{\sqrt{n!}}\left(\hat{a}^{\dagger}\right)^{n}|0\rangle
$$

## 5 Wave function

Now consider the wave function, $\psi_{n}(x)$, for the eigenstates. For the lowest state, we know that

$$
\hat{a}|0\rangle=0
$$

so in a coordinate basis, we compute

$$
\begin{aligned}
0 & =\langle x| \hat{a}|0\rangle \\
& =\sqrt{\frac{m \omega}{2 \hbar}}\langle x|\left(\hat{X}+\frac{i}{m \omega} \hat{P}\right)|0\rangle \\
& =\sqrt{\frac{m \omega}{2 \hbar}}\left(\langle x| \hat{X}|0\rangle+\frac{i}{m \omega} \hat{P}|0\rangle\right) \\
& =\sqrt{\frac{m \omega}{2 \hbar}}\left(x\langle x \mid 0\rangle+\frac{i}{m \omega}\langle x| \hat{P}|0\rangle\right)
\end{aligned}
$$

where, inserting an identity,

$$
\begin{aligned}
\langle x| \hat{P}|0\rangle & =\int d x^{\prime}\langle x| \hat{P}\left|x^{\prime}\right\rangle\left\langle x^{\prime} \mid 0\right\rangle \\
& =\int d x^{\prime}\left(i \hbar \frac{\partial}{\partial x^{\prime}} \delta^{3}\left(x-x^{\prime}\right)\right)\left\langle x^{\prime} \mid 0\right\rangle \\
& =-i \hbar \int d x^{\prime} \delta^{3}\left(x-x^{\prime}\right) \frac{\partial}{\partial x^{\prime}}\left\langle x^{\prime} \mid 0\right\rangle \\
& =-i \hbar \frac{d}{d x}\langle x \mid 0\rangle
\end{aligned}
$$

Therefore, setting $\psi_{0}(x)=\langle x \mid 0\rangle$ and substituting,

$$
\begin{aligned}
0 & =x\langle x \mid 0\rangle+\frac{i}{m \omega}\langle x| \hat{P}|0\rangle \\
& =x \psi_{0}(x)+\frac{i}{m \omega}\left(-i \hbar \frac{d}{d x} \psi_{0}(x)\right) \\
& =x \psi_{0}(x)+\frac{\hbar}{m \omega} \frac{d}{d x} \psi_{0}(x) \\
\frac{d}{d x} \psi_{0}(x) & =-\frac{m \omega x}{\hbar} \psi_{0}(x) \\
\psi_{0}(x) & =A e^{-\frac{m \omega x^{2}}{2 \hbar}}
\end{aligned}
$$

so the wave function of the ground state is a Gaussian.
To find the wave functions of the higher energy states, consider

$$
\begin{aligned}
\psi_{n}(x) & =\langle x \mid n\rangle \\
& =\langle x| \frac{1}{\sqrt{n!}}\left(\hat{a}^{\dagger}\right)^{n}|0\rangle \\
& =\frac{1}{\sqrt{n}}\langle x| \hat{a}^{\dagger} \frac{1}{\sqrt{(n-1)!}}\left(\hat{a}^{\dagger}\right)^{n-1}|0\rangle \\
& =\frac{1}{\sqrt{n}} \sqrt{\frac{m \omega}{2 \hbar}}\langle x|\left(\hat{X}-\frac{i}{m \omega} \hat{P}\right)|n-1\rangle \\
& =\frac{1}{\sqrt{n}} \sqrt{\frac{m \omega}{2 \hbar}}\left(x\langle x \mid n-1\rangle-\frac{i}{m \omega} \int d x^{\prime}\langle x| \hat{P}\left|x^{\prime}\right\rangle\left\langle x^{\prime} \mid n-1\right\rangle\right) \\
& =\frac{1}{\sqrt{n}} \sqrt{\frac{m \omega}{2 \hbar}}\left(x \psi_{n-1}(x)-\frac{i}{m \omega} \int d x^{\prime}\left(i \hbar \frac{\partial}{\partial x^{\prime}} \delta^{3}\left(x-x^{\prime}\right)\right) \psi_{n-1}\left(x^{\prime}\right)\right) \\
& =\frac{1}{\sqrt{n}} \sqrt{\frac{m \omega}{2 \hbar}}\left(x \psi_{n-1}(x)-\frac{\hbar}{m \omega} \int d x^{\prime} \delta^{3}\left(x-x^{\prime}\right) \frac{\partial}{\partial x^{\prime}} \psi_{n-1}\left(x^{\prime}\right)\right) \\
& =\sqrt{\frac{m \omega}{2 n \hbar}}\left(x-\frac{\hbar}{m \omega} \frac{d}{d x}\right) \psi_{n-1}(x)
\end{aligned}
$$

Therefore, we can find all states by iterating this operator,

$$
\psi_{n}\left(x^{\prime}\right)=\sqrt{\frac{m \omega}{2 n!\hbar}}\left(x-\frac{\hbar}{m \omega} \frac{\partial}{\partial x}\right)^{n} \psi_{0}(x)
$$

The result is a series of polynomials, the Hermite polynomials, times the Gaussian factor.
Exercise: Find $\psi_{1}(x)$ and $\psi_{2}(x)$.

## 6 Time evolution of a mixed state of the oscillator

Consider the time evolution of a state of the harmonic oscillator given by the most general superposition of the lowest two eigenstates

$$
|\psi\rangle=\cos \theta|0\rangle+e^{i \varphi} \sin \theta|1\rangle
$$

The time evolution is given by

$$
\begin{aligned}
|\psi, t\rangle & =\mathcal{U}(t)|\psi\rangle \\
& =e^{-\frac{i}{\hbar} \hat{H} t}|\psi\rangle \\
& =\cos \theta e^{-\frac{i}{\hbar} \hat{H} t}|0\rangle+e^{i \varphi} \sin \theta e^{-\frac{i}{\hbar} \hat{H} t}|1\rangle \\
& =\cos \theta e^{-\frac{i}{\hbar} E_{0} t}|0\rangle+e^{i \varphi} \sin \theta e^{-\frac{i}{\hbar} E_{1} t}|1\rangle \\
& =\cos \theta e^{-\frac{i}{2} \omega t}|0\rangle+e^{i \varphi} \sin \theta e^{-\frac{3}{2} i \omega t}|1\rangle \\
& =e^{-\frac{i}{2} \omega t}\left(\cos \theta|0\rangle+e^{i \varphi} \sin \theta e^{-i \omega t}|1\rangle\right)
\end{aligned}
$$

Now look at the time dependence of the expectation value of the position operator, which we write in terms of raising and lowering operators as $\hat{X}=\sqrt{\frac{\hbar}{2 m \omega}}\left(\hat{a}+\hat{a}^{\dagger}\right)$ :

$$
\begin{aligned}
\langle\psi, t| \hat{X}|\psi, t\rangle & =\left(\cos \theta\langle 0|+e^{-i \varphi} \sin \theta e^{i \omega t}\langle 1|\right) e^{\frac{i}{2} \omega t} \hat{X} e^{-\frac{i}{2} \omega t}\left(\cos \theta|0\rangle+e^{i \varphi} \sin \theta e^{-i \omega t}|1\rangle\right) \\
& =\sqrt{\frac{\hbar}{2 m \omega}}\left(\cos \theta\langle 0|+e^{-i \varphi} \sin \theta e^{i \omega t}\langle 1|\right)\left(\hat{a}+\hat{a}^{\dagger}\right)\left(\cos \theta|0\rangle+e^{i \varphi} \sin \theta e^{-i \omega t}|1\rangle\right) \\
& =\sqrt{\frac{\hbar}{2 m \omega}}\left(\cos \theta\langle 0|+e^{-i \varphi} \sin \theta e^{i \omega t}\langle 1|\right)\left(\cos \theta|1\rangle+e^{i \varphi} \sin \theta e^{-i \omega t}(|0\rangle+\sqrt{2}|2\rangle)\right) \\
& =\sqrt{\frac{\hbar}{2 m \omega}}\left(\cos \theta \sin \theta e^{-i(\omega t-\varphi)}+\sin \theta \cos \theta e^{i(\omega t-\varphi)}\right) \\
& =\sqrt{\frac{\hbar}{2 m \omega}} \sin 2 \theta \cos (\omega t-\varphi)
\end{aligned}
$$

where we have used $\hat{a}|0\rangle=0, \hat{a}|1\rangle=|0\rangle, \hat{a}^{\dagger}|0\rangle=|1\rangle$ and $\hat{a}^{\dagger}|1\rangle=\sqrt{2}|2\rangle$. We see that the expected position oscillates back and forth between $\pm \sqrt{\frac{\hbar}{2 m \omega}} \sin 2 \theta$ with frequency $\omega$. Superpositions involving higher excited states will bring in harmonics, $n \omega$, and will then allow for varied traveling waveforms.

## 7 Coherent states

We define a coherent state of the harmonic oscillator to be an eigenstate of the lowering operator,

$$
\hat{a}|\lambda\rangle=\lambda|\lambda\rangle
$$

To find this state, let

$$
|\lambda\rangle=\sum_{n} c_{n}|n\rangle
$$

then require

$$
\begin{aligned}
\hat{a} \sum_{n} c_{n}|n\rangle & =\lambda \sum_{n} c_{n}|n\rangle \\
\sum_{n} \frac{c_{n}}{\sqrt{n!}} \hat{a}\left(\hat{a}^{\dagger}\right)^{n}|0\rangle & =\lambda \sum_{n} c_{n}|n\rangle \\
\sum_{n} \frac{c_{n}}{\sqrt{n!}}\left(\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{n}\right]+\left(\hat{a}^{\dagger}\right)^{n} \hat{a}\right)|0\rangle & =\lambda \sum_{n} c_{n}|n\rangle \\
\sum_{n} \frac{c_{n}}{\sqrt{n!}}\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{n}\right]|0\rangle & =\lambda \sum_{n} c_{n}|n\rangle
\end{aligned}
$$

### 7.1 Computing the commutators

Now find the commutators $\hat{A}_{n} \equiv\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{n}\right]$. To begin, look at the first few. Since $\hat{A}_{1}=\left[\hat{a}, \hat{a}^{\dagger}\right]=1$,

$$
\begin{aligned}
\hat{A}_{1} & =\left[\hat{a}, \hat{a}^{\dagger}\right]=1 \\
\hat{A}_{2} & =\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{2}\right] \\
& =\hat{a}^{\dagger}\left[\hat{a}, \hat{a}^{\dagger}\right]+\left[\hat{a}, \hat{a}^{\dagger}\right] \hat{a}^{\dagger} \\
& =2 \hat{a}^{\dagger} \\
\hat{A}_{3} & =\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{3}\right] \\
& =\hat{a}^{\dagger}\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{2}\right]+\left[\hat{a}, \hat{a}^{\dagger}\right]\left(\hat{a}^{\dagger}\right)^{2} \\
& =2\left(\hat{a}^{\dagger}\right)^{2}+\left(\hat{a}^{\dagger}\right)^{2} \\
& =3\left(\hat{a}^{\dagger}\right)^{2}
\end{aligned}
$$

This suggests that $\hat{A}_{n}=n\left(\hat{a}^{\dagger}\right)^{n-1}$. We prove it by induction. First, the relation is true for $n=1$. Now, assume it holds for $n-1$, and try to prove that it must hold for $n$. If it holds for $n-1$, then

$$
\hat{A}_{n-1}=(n-1)\left(\hat{a}^{\dagger}\right)^{n-2}
$$

and we compute $\hat{A}_{n}$ :

$$
\begin{aligned}
\hat{A}_{n} & \equiv\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{n}\right] \\
& =\hat{a}^{\dagger}\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{n-1}\right]+\left[\hat{a}, \hat{a}^{\dagger}\right]\left(\hat{a}^{\dagger}\right)^{n-1} \\
& =\hat{a}^{\dagger} \hat{A}_{n-1}+\left(\hat{a}^{\dagger}\right)^{n-1} \\
& =\hat{a}^{\dagger}(n-1)\left(\hat{a}^{\dagger}\right)^{n-2}+\left(\hat{a}^{\dagger}\right)^{n-1} \\
& =n\left(\hat{a}^{\dagger}\right)^{n-1}
\end{aligned}
$$

which is the anticipated result for $n$. Since the supposition is true for $n=1$, and is true for $n$ whenever it holds for $n-1$, it holds for all integers.

### 7.2 A recursion relation for coherent states

Now return to our condition for coherence,

$$
\sum_{n} \frac{c_{n}}{\sqrt{n!}}\left[\hat{a},\left(\hat{a}^{\dagger}\right)^{n}\right]|0\rangle=\lambda \sum_{n} c_{n}|n\rangle
$$

Substituting for the commutators, we have

$$
\begin{aligned}
\sum_{n=0}^{\infty} \frac{c_{n}}{\sqrt{n!}} n\left(\hat{a}^{\dagger}\right)^{n-1}|0\rangle & =\lambda \sum_{n=0}^{\infty} c_{n}|n\rangle \\
\sum_{n=1}^{\infty} \frac{c_{n}}{\sqrt{n!}} n\left(\hat{a}^{\dagger}\right)^{n-1}|0\rangle & =\lambda \sum_{n=0}^{\infty} c_{n}|n\rangle \\
\sum_{n=1}^{\infty} \frac{c_{n}}{\sqrt{n!} n \sqrt{(n-1)!}|n-1\rangle} & =\lambda \sum_{n=0}^{\infty} c_{n}|n\rangle \\
\sum_{n=1}^{\infty} c_{n} \sqrt{n}|n-1\rangle & =\lambda \sum_{n=0}^{\infty} c_{n}|n\rangle
\end{aligned}
$$

Now rewrite the sum on the left, letting $n-1 \rightarrow n$,

$$
\sum_{n=1}^{\infty} c_{n} \sqrt{n}|n-1\rangle=\sum_{n=0}^{\infty} c_{n+1} \sqrt{n+1}|n\rangle
$$

The sums now match provided

$$
c_{n+1} \sqrt{n+1}=\lambda c_{n}
$$

Iterating this recursion relationship, we find

$$
c_{n}=\frac{\lambda^{n}}{\sqrt{n!}}
$$

for all $n$. The coherent state is therefore given by

$$
\begin{aligned}
|\lambda\rangle & =\sum_{n} \frac{\lambda^{n}}{\sqrt{n!}}|n\rangle \\
& =\sum_{n} \frac{\lambda^{n}}{n!}\left(\hat{a}^{\dagger}\right)^{n}|0\rangle \\
& =e^{\lambda \hat{a}^{\dagger}}|0\rangle
\end{aligned}
$$

### 7.3 Time dependence

The time dependence is given by

$$
\begin{aligned}
|\lambda, t\rangle= & \hat{U}\left(t, t_{0}\right)\left|\lambda, t_{0}\right\rangle \\
& e^{-\frac{i}{\hbar} \hat{H} t} \sum_{n} \frac{\lambda^{n}}{\sqrt{n!}}|n\rangle \\
= & \sum_{n} \frac{\lambda^{n}}{\sqrt{n!}} e^{-\frac{i}{\hbar} \hat{H} t}|n\rangle \\
= & \sum_{n} \frac{\lambda^{n}}{\sqrt{n!}} e^{-i\left(n+\frac{1}{2}\right) \omega t}|n\rangle
\end{aligned}
$$

$$
\begin{aligned}
& =e^{-\frac{i \omega t}{2}} \sum_{n} \frac{\lambda^{n}}{\sqrt{n!}} e^{-i n \omega t}|n\rangle \\
& =e^{-\frac{i \omega t}{2}} \sum_{n} \frac{\left(\lambda e^{-i \omega t}\right)^{n}}{\sqrt{n!}}|n\rangle \\
& =e^{-\frac{i \omega t}{2}}\left|\lambda e^{-i \omega t}, t_{0}\right\rangle
\end{aligned}
$$

so the complex parameter $\lambda$ is just replaced by $\lambda e^{-i \omega t}$ in the original state.

